



## FOR MORE INFORMATION

[www.universalpartnership.org/leo](http://www.universalpartnership.org/leo)

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### MASTER TRAINER/FACILITATOR

Rusia Mohiuddin pioneered the integration of somatics into an organizing framework. Rusia has taken her vast community organizing & leadership development mastery to develop a new holistic model of organizing for the 21st century called **Embodied Organizing**.



### EMBODIED ORGANIZING

Embodied Organizing is a comprehensive model for community organizers, designed for all levels of organizers, that seeks to develop skills, with an embodied leadership lens, to develop effective organizers while uniquely cultivating leadership that creates necessary balance & self-care so organizers feel & are able to do movement work for the long haul.



### APPROACH: PRONG ONE

*The LEO Intensive, following in the tradition established by its creator, Rusia Mohiuddin, takes on a two-pronged approach in developing skilled organizers:*

**Theoretical learning** of a broad set of organizing skills and healing, embodied leadership, and self-care methodologies.



REG  
STARTS  
Feb

COMMIT  
mid-Feb

a 5-week virtual intensive that combines organizing skills, healing, self-care, & mindfulness towards developing highly effective & balanced embodied organizers



### APPROACH: PRONG TWO

Deepening theoretical learning through application & practice to add a critical layer of **experiential learning** to deepen & enhance overall organizing knowledge towards developing grounded & authentic leadership for the most effective organizing.



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**TUITION COSTS**  
based on organization  
budget

### EMBODIED ORGANIZING

The LEO Intensive will develop the skills of organizers that are required to shape individuals to be the absolute best version of themselves they can be as people & as organizers. New to seasoned organizers will develop key skills necessary to perform grounded, balanced organizing work with greater efficiency & impact.



### MINDFULNESS SKILLS

Organizers learn contemplative skills & develop practices that support & guide their work towards balance & mature leadership. Cultivating self-awareness can simultaneously increase our awareness of others. **This is a critical skill in an effective organizer.**



### EMBODIED LEADERSHIP

We believe in espousing in character, action, & relationships, the values & principles at the core of our being. Embodied Leadership is the deep commitment to continuously cultivate leadership qualities acutely aligned with our values & principles towards developing & sustaining authentic relationships. We do this so we are acutely aligned with the core values that allow us to be who & how we want to be in the world.



START  
MAR 12th

FINISH  
APR 23rd